

PRAYERS FOR THE HELP OF THE HOLY SPIRIT

O God, send forth your Holy Spirit
into my heart that I may perceive,
into my mind that I may remember,
and into my soul that I may meditate.

Inspire me to speak with piety, holiness, tenderness and mercy.

Teach, guide and direct my thoughts and senses
from beginning to end.

May your grace ever help and correct me,
and may I be strengthened now with wisdom from on high,
for the sake of your infinite mercy. Amen.

Breathe into me, Holy Spirit, that my thoughts may all be holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is holy.

Strengthen me, Holy Spirit, that I may defend all that is holy.

Protect me, Holy Spirit, that I may always be holy.

Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you will renew the face of the earth.

Lord, by the light of the Holy Spirit
you have taught the hearts of your faithful.

In the same Spirit

help us to relish what is right
and always rejoice in your consolation.

We ask this through Christ our Lord.

Amen.